



The Pentagon is the headquarters of the United States Department of Defense and its leadership. This immense five-sided facility is located in Arlington County, Virginia, across the Potomac River from Washington, D.C.

In the same way that this five-sided facility is the center for our national defense, the five sided prayer pattern given by Jesus in **Matthew 6:9-15** and Luke 11:1-4 is our spiritual “command center.” It is a strategic plan to live life in fullness and victory! (John 10:10)

Part 1 | **PRAISE, THE FIRST THING FIRST**

Matthew 6:9 Our Father in heaven, hallowed be Your Name.

1. The very first step in living a victorious life is to develop a habit of going into God’s Presence... first. The Pattern honors God first and our relationship with our Heavenly Father deepens as we praise Him through His Old Testament Names. True worship stays in His Presence as Joshua did (Exodus 33:11).
 - *The essence of worship,... is not the physical prostration as much as the flattening of the human will which rises to assert its own dignity, ignorant all the while that our highest dignity is entering the Presence of the King with worship, thereby giving place for His glory to dwell in our midst. — Jack Hayford*
2. To hallow His Name means to admire and love who He really is. We’re encouraged to worship and praise the LORD using His Old Testament Names. Here are a few of God’s Names, their meanings, and Bible references.
 - Elohim – God, Our Mighty Creator, Covenant God (Genesis 1 and throughout the Old Testament; John 1:1-5, 10-13)
 - El-Shaddai – The Mighty God (Genesis 17:1-2 and throughout the Old Testament; Matthew 14:13-33)
 - Adonai – The Lord our Master (Genesis 15:1-8; Daniel 9:3-19; Malachi 1:6; John 13:12-17)
 - El Elyon – The Supreme, Most High God (Genesis 14:22; Daniel 4:34-35)

- El Olam – The Everlasting, Eternal God who does not change (Genesis 21:33; Malachi 3:5-7; Hebrews 13:8)
 - Jehovah – LORD, The Self-existent, Holy, Righteous and Loving God throughout the Old Testament (Exodus 6:2-3)
 - Jehovah-Jireh – The LORD our Provider (Genesis 22:1-9)
 - Jehovah-Rophe – The LORD our Healer (Exodus 15:22-27)
 - Jehovah-Nissi – The LORD our Banner (Exodus 17:8-16)
 - Jehovah-Sabaoth – The LORD of Hosts (1 Samuel 17:45; Haggai 2:4-9, 23)
 - Jehovah-M’Kaddesh – The LORD our Sanctifier (Leviticus 20:8)
 - Jehovah-Rohi – The LORD our Shepherd (Psalm 23)
 - Jehovah-Shammah – The LORD IS THERE (Ezekiel 48:35)
3. The 10 Commandments in Exodus 20:1-17 and Deuteronomy 5:6-21 explicitly begin with the Commandment, “You shall have no other gods before Me.” He must have pre-eminence in our lives. This is not difficult when we truly understand that He delivered us from sin and death! (Exodus 19:3-6; Romans 3:23, 6:23).
- The great Ephesian Church in Revelation 2:1-7 was rebuked for leaving their “first love” for Christ and focusing on things that were self fulfilling.
4. There are great benefits when our lives revolve around Him! A church who’s main focus is the Kingdom of God AND the King is truly blessed! Here are just a couple of examples.
- Provision -- Matthew 6:33 *But seek first the Kingdom of God and His righteousness, and all these things shall be added to you.*
 - Spiritual warfare -- 2 Chronicles 20:1-30 *...Now when they began to sing and to praise, the Lord set ambushes against the (enemies); and they were defeated...*

Action Steps | Look at your schedule and find at least a half hour to spend in His Presence without distraction. Calendar it as you would other important events. Read His Names and begin to use those Names in worship.

Part 2 | THE KINGDOM OF GOD

Matthew 6:10 *Your Kingdom come. Your will be done on earth as it is in Heaven.*

In the Disciples’ prayer pattern Jesus told us to pray that His Kingdom would come on earth as it is in Heaven. In the Greek language the word Kingdom is *basileia*, and has two meanings: 1) a king’s rule, reign, authority, and 2) the territory or people over whom a king reigns.

The Kingdom Forfeited

1. In Genesis 3, Adam’s rebellion separated him from his relationship with God and forfeited rulership (stewardship) over creation to Satan. As a result, rebellion and sin spread and mankind became increasingly more the god over his life (“You will be like God...” Genesis 3:4-5), serving our enemy’s plans.
 - **But God...** Romans 5:12-21 *...Therefore, as through one man’s offense judgment came to all men, resulting in condemnation, even so through one Man’s righteous act the free gift*

came to all men, resulting in justification of life. For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous.

The Kingdom Brought Near

1. Christ began His ministry by proclaiming that the Kingdom of God/Heaven is at hand or near. (Matthew 4:17) Although the Kingdom of God is both present and future, spiritual and invisible, Christ's coming in human form brought the Kingdom of God into our realm (John 1:14).
 - As our hearts are united with His in relationship and purpose, where we are, His Kingdom exist in power!
2. The Kingdom of God is light and *offensive* while the kingdom of darkness is, in essence, powerless and *defensive*. (Matthew 16:18) Notice the power of the Kingdom...
 - Matthew 4:23-25 *And Jesus went about all Galilee,... preaching the gospel of the Kingdom, and healing all kinds of sickness and diseases among the people.... and they brought to Him all sick people who were afflicted with various diseases and torments, and those who were demon-possessed, epileptics, and paralytics; and He healed them (all)...* (Matthew 8:16; Mark 3:10, 6:56; Luke 6:19; Acts 5:15-16)

Benefits of the Kingdom

Luke 12:31-32 *...Do not fear, little flock, for it is your Father's good pleasure to give you the Kingdom.* (2 Peter 1:3)

1. Deliverance. Colossians 1:12-14 states that we have been delivered from the power of darkness into the Kingdom of His Son! The word power is "authority" in the original language!
2. Provision. In Matthew 16:15-19 Jesus stated that we, the Church, have been given keys to/of the Kingdom. These keys are Kingdom principles which open the promises of God.
3. Power. The Kingdom is also the means to *undo satan's damage*. Because we are joint-heirs with Christ (Romans 8:17) we have been given authority to bring the entry of His Kingdom into the brokenness of life! (Luke 9:11) It truly is a clash of the Kingdom of Light against the kingdom of darkness in Matthew 4:1-11, 8:28-34, 12:22-30, etc.

Action Steps | Read the Kingdom parables in Matthew 13 and Mark 4:1-34. Then bring your life under His Lordship and pray that His will be done in your life, your family, church, nation and beyond.

Part 3 | PROVISION

Matthew 6:11 *Give us this day our daily bread.*

1. Physical and spiritual bread — This part of the prayer pattern points to the time when Israel received their daily portion of miraculous "Manna" that fell each day from heaven, providing food throughout the 40 years in the wilderness. (Exodus 16) In John 6:35 Jesus referred to Himself as the true spiritual Manna from Heaven when the people asked Him to provide miraculous bread.

2. Provision is an area often attacked by our enemy the devil. Yet the Bible clearly states that God will never forsake us as we look to Him as our Source. (Matthew 6:25-34 *...But seek first the Kingdom of God and His righteousness, and all these things shall be added to you.*) As we endeavor to live that and learn to properly manage His provision we can begin to close the enemy's access to our finances.

Provision and stewardship

God views us as "stewards" over what He provides for us. It is the proper management of our possession in order to enhance God's Kingdom through our lives. Here are a few principles to live by as we learn to stand in victory over our enemy...

1. **Until God is in control of my life, I'm out of control.**
 - Because his wealth controlled him, the rich young man could not obey Christ's words to follow Him. Matthew 19:16-22 *When the young man heard this, he went away sad, because he had great wealth.*
2. **The Tithe and was a principle established before Moses brought the Law.**
 - In the Garden in Genesis. (Genesis 2:15-18)
 - Abraham tithed to Melchizedek in Genesis 14:18-20 (Hebrews 7:2).
 - Jacob also tithed in Genesis 28:22.
 - The Tithe established when God gave the Law through Moses. (Leviticus 27:30-34)
 - Jericho was the "Tithe" of the Promised Land. (Joshua 6:17-19)
 - The windows of Heaven opened, the devourer rebuked, and international influence.
 - (Malachi 3:10-11)
 - The blessings of seeking to please the Lord first in all things. (Matthew 6:33)
3. **Obedience to God's principle of the Tithe** ("first fruit") brings multiplied results and protects our assets from the devourer!
 - Malachi 3:10-11 *"Bring the whole tithe into the storehouse,... Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it."*
 - Proverbs 3:9-10 *Honor the LORD with your wealth, with the Firstfruits of all your crops; then your barns will be filled to overflowing, and your vats will brim over with new wine.*

God's Miraculous Provision

When Israel was led by Moses out of Egypt, there was a tremendous demonstration of God's willingness to use His power in the actual day-to-day activities of the people.

There they stood, 3 million people at the Red Sea. The Israeli camp in the wilderness was two-thirds the size of Rhode Island, or about 750 square miles.

Each day of their journey God sent food from heaven, which the people called Manna ("What is it!"). That would have been **1,500 tons of food each day** just to keep them from starvation. If they

ate as much as we do today, it would have taken one freight train two miles long every day and would cost 6 million dollars a day!

Moses struck the rock and water gushed out of the Rock. To sustain the people and animals, it took **11 million gallons of water per day**. Hauling it would have taken one freight train with tank cars 1,800 miles long each day!

God took care of them 14,600 days (40 years). The total amount would have been 58,400,000 tons of food and 160 billion gallons of water! **Our God is a mighty God!** (Ephesians 3:20-21)

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4. **Contentment**, a powerful weapon of spiritual warfare, deals with our present resources and our trust in a Supernatural God.
 - In regard to being content, Paul stated in Philippians 4:10-13, *I can do all things through Christ who strengthens me.*
 - 1 Timothy 6:6-10 *...For the love of money (greed and discontent) is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.*
 4. **We are rivers, not reservoirs.** God gives to us what He knows will flow through us.
 - Proverbs 11:25 *A generous man will prosper; he who refreshes others will himself be refreshed.*
 - A cheerful giver is excited to see God's abundance flow through them! 2 Corinthians 9:7-8 *Each man should give what he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.*

Action Steps | This part of the prayer pattern reveals my dependency upon Him and brings glory to God as He supplies my need. Be in the will of God concerning my finances. Pray for a hunger for God's Word in me **and** in the Church. Ask Him to use my resources for His Kingdom and to produce eternal fruit that lasts!

Part 4 | **FORGIVEN AND THE POWER OF FORGIVENESS**

Matthew 6:12 *And forgive us our debts, as we forgive our debtors.*

So powerful is the aspect of forgiveness that Jesus places it in the middle of the prayer pattern and then re-emphasizes it at the end with a very strong statement! (Verses 14-15)

Although God has forgiven us of *all* of our own sin (Psalm 103:12; Colossians 2:13, 3:13; Hebrews 10:12; etc.), many people still feel justified in their unforgiveness, unaware that forgiveness is a "two-way street." God will not forgive us if we hold on to unforgiveness.

Forgotten grace breeds unforgiving living. -- Jack Hayford

1. Two examples of unresolved offenses and the consequences.
 - Cain's offense led to the first murder! (Genesis 4:1-8)

- Absalom's offense divided Israel and cost him his life. (2 Samuel 13-19)
2. Unforgiveness gives Satan a clear advantage.
 - 2 Corinthians 2:10-11 ... *I have forgiven that one for your sakes in the presence of Christ, lest Satan should take advantage of us; for we are not ignorant of his devices.*
 3. Our unforgiveness has the power to defile others. (Scan the code to read an important article)
 - Hebrews 12:14-15 ...*lest any root of bitterness springing up cause trouble, and many become defiled;...*
 4. Matthew 18:21-35 is a study on the devastating consequences of unforgiveness.
 - A man was forgiven of a debt he could NEVER pay then found someone owing him a payable debt. Because he was not able to repay it, he was thrown in prison. The man forgiven of a great debt was then also placed in prison and tormented. Jesus said that this would happen to us if we do not forgive!
 - Christ paid a debt I could NEVER repay so that I can forgive others for a payable debt.
 5. Forgiveness is a sign that we have passed from death into life. (1 John 3:14) When we receive Christ, He totally forgives us. He frees us from the devastating penalty for sin and does not hold our sins against us! Christ paid a debt I could NEVER repay.

The power of forgiving others in the same way God forgives us.

Read Genesis 37-50 about the story of Joseph who was sold into slavery by his brothers. He was then falsely accused and forgotten in prison. Later, as the second most powerful man in Egypt under Pharaoh, Joseph meets his brothers and reveals his true identity. He not only forgives (releases) his brothers, but he overcomes their evil with God's goodness! (Genesis 50:15-21)

1. *Joseph said to his brothers, "Do not be afraid, for am I in the place of God?"*
 - Joseph understood that vengeance was God's responsibility. (Romans 12:19 quoting Deuteronomy 32:35)
2. *"But as for you, you meant evil against me;"*
 - Joseph dealt realistically with the motive of his brothers. (2 Timothy 4:9-18)
3. *"...BUT GOD meant it for good, in order to bring it about as it is this day, to save many people alive."*
 - Joseph understood God's powerful and creative ability to bring His purpose out of an evil situation and saw the greater picture from God's perspective. (Romans 8:28)
4. *"Now therefore, do not be afraid; I will provide for you and your little ones." And he comforted them and spoke kindly to them.*
 - Joseph overcame evil with good, one of the most powerful principles in God's Word. (John 3:16-17; Romans 12:9-21)

Gaining victory over a powerful satanic force!

1. Cleansing. (1 John 1:9)
 - Confess your unforgiveness and ask God to cleanse you and set you free from the destructive power of unforgiveness.
 - Then ask Him to give you a genuine love for the person who has offended me.
2. Overcome evil with good. (Romans 12:14-21)
 - In prayer bless those who may have mistreated you.
 - Pray for those who may have taken your offense. Make it right if that's the case.
3. Now determine to forgive those who may offend you today. Deal with unforgiveness as soon as you sense it.
4. Forgiveness brings the blessings of God. Although this Scripture has been applied to God answering our prayer as we stand in unity with others, it really has to do with **agreement in an offense!**
 - Matthew 18:18-20 *Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.*
 - Psalm 133 *How good and pleasant it is when brothers live together in unity!... For there the Lord bestows his blessing, even life forevermore.*

Action Steps | In prayer, acknowledge and receive God's forgiveness for unforgiveness. (1 John 1:9) Then, overcome evil with God's goodness. (Romans 12:17-21) Deal with unforgiveness as soon as you sense it and determine to forgive those who may offend you. Scan the QR code and read the article, "Guarding Against the Defilement of an Evil Report."



Part 5 | VICTORY FROM THE INSIDE OUT

Matthew 6:13 *And do not lead us into temptation, but deliver us from the evil one.*

1. **God has given His people spiritual victory!**
 - God promised Joshua and Israel all the land upon which they set their feet, but they still had to take possession of it. In the same way, believers have the authority to tread upon all the forces of darkness, but they still need to battle against the enemy. See Matthew 16:15-19; Luke 10:17-20; Ephesians 6:11, etc.
2. **A sobering illustration from Joshua 6 and 7.**
 - The Lord commanded Joshua and Israel to completely destroy the evil city of Jericho. It was the "firstfruit" of the Promised Land, and everything was dedicated to God. And they conquered Jericho in the power of God! Achan, however, took a garment, gold and silver, and hid it under his tent. When God instructed Joshua to attack Ai, a very small city, they were totally defeated! The reason? Achan's "small" sin brought God's mighty army to its

knees. When the sin was dealt with Israel was again victorious!

- *And do not lead us into temptation...* means that we must confess hidden sin so that our enemy will not have authority over us.
- Psalm 19:12-13 *...Cleanse me from secret faults. Keep back Your servant also from presumptuous (deliberate, willful) sins; let them not have dominion (rule) over me. Then I shall be blameless, and I shall be innocent of great transgression.*

3. Closing the door to the enemy.

- We use locks, alarm systems, cameras, etc. to make sure our homes are safe and protected from predators. Shouldn't we do the same for our "spiritual home?" Our enemy enters our lives through the following ways...

The mind, our thinking and view of the world and God's Word. Because satan knows us, he bombards our minds with thoughts of pride, lust, doubt, fear, anger, offenses, etc. Because he is the father of all lies, the devil deceives us to believe his lie about God's Word and His Character and makes sin look good. (Genesis 3:1-7, 4:3-8; 2 Corinthians 11:3; Romans 8:5-6) Then the devil accuses us to God. He provides the opportunity, we take it, and then he accuses us to God, and God to us! (Zechariah 3:1-2; Romans 12:2; Revelation 12:10)

The flesh, our old nature vying for control. Satan has *no* authority in areas of our lives that we have given over to the Lordship of Christ. Galatians 5:16-18 tells us how: *...Walk in (with) the Spirit, and you shall not fulfill the lust of the flesh.*

The world, conforming us to its pattern. (2 Timothy 4:10; Romans 12:2; 1 John 2:15-17) The world is only a channel the devil uses. If we are free from the hold of his temptations, then the world has no influence over us!

1 John 5:4-5 *Everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world — our persistent faith in Jesus the Son of God.*

4. The victor's mindset, battle dress, and responsibility.

- Our mindset. Romans 8:5-14 *...those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit...*
- Our battle dress in Ephesians 6:10-18 illustrates the character areas we put on as a defense against the enemy. Then we participate in spiritual warfare through prayer.
- Ephesians 6:18 and Nehemiah 4:13-15 tell us that we are to fight (in prayer) for our brothers and sisters in Christ.

Action Steps | Ask God to purify you and to cleanse you from any secret sin (Song of Solomon 2:15; Psalm 19:12-13). Put on the full armor of God (Ephesians 6:10-18) and pray for God's people (Hosea 6:2-3) to experience God's love and that many would turn from darkness to His Light. (Matthew 9:37; Colossians 1:13). Read the following notes on "Breaking Free From Strongholds."

BREAKING FREE FROM STRONGHOLDS

Luke 11:21-22 *When a strong man, fully armed, guards his own house, his possessions are safe. But when someone stronger attacks and overpowers him, he takes away the armor in which the man trusted and divides up the spoils.*



A stronghold is an entrenched pattern of thought, an ideology, value or behavior that is contrary to revealed, Biblical truth, emanating from the human, carnal nature, and exploited by satanic forces. Although there is not “a magic formula,” an aggressive, Biblical approach can demolish every stronghold we may have. Here are important steps...

1. **Agree with God’s Word and own the spiritual stronghold in your life.** This is repentance as defined in 2 Corinthians 7:10. Without this key action, no victory is possible.
 - 1 John 1:9 *If we confess (agree with God about) our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*
 - Name at least one area where there may be a stronghold in your life...
2. **Our enemy, the devil, exploits our weaknesses to bring us into bondage.** However, the enemy’s authority and stronghold is broken when we fully agree and own that sin. Only then can we begin to have *authority* against the enemy!
 - Ephesians 6:12 *For our struggle is not against flesh and blood, but against... the spiritual forces of evil in the heavenly realms.*
 - 1 John 1:5-9 *...If we confess our sins (agree with God that we have sinned), He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness (destroying any hold our enemy may have on us!).*
3. **Believe that Jesus has *already* won the battle against the enemy and over the stronghold of sin.** Exchange (cancel out) the devil’s accusations with appropriate Bible scriptures as Jesus did when He was tempted in the wilderness in Matthew 4:1-11.
 - John 16:33 *I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.*
4. **Make our heart and words agree with the words we read in the Bible.** Although it may not yet be a visible reality, walk out (live as if) what you believe to be true.
 - Romans 10:9-10 *If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.*
5. **Believe that God’s promises of victory are *personally ours*.**
 - 2 Peter 1:3-4 *His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.* (Ephesians 1:3-14)

6. **Through prayer and speaking God's Word, allow His Word to *transform* our thinking and our actions** as we spend quality time in His Presence.
 - Romans 12:1-2 *Therefore, I urge you,... to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind.*
7. **Begin to *help others* in their freedom from strongholds** as Jesus told the man delivered from the grip of the demonic in Mark 5:1-20.
 - Mark 5:18-20 *As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. Jesus did not let him, but said, "Go home to your own people and tell them how much the Lord has done for you,..."*

1 John 5:4 *...for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. (John 6:13; Romans 8:37)*

1 Peter 2:9 *But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.*